



# What's Happening Gilbert Seniors!

## Winter Issue

**Welcome to the newsletter!**

**Happy New Year to All!! Let's make this year the  
BEST YEAR YET! Don't forget to watch out for new and  
exciting opportunities to participate in our monthly calendar.  
Let's make the next three months AMAZING!!**

**-Amanda Shepard Activities Specialist**

### **EXERCISE CLASSES**

**The Gilbert Senior Center offers exercise classes  
Monday-Friday.**

**Mon: Tai Chi - 9:00am**

**Tues: Chair Exercise - 8:30am  
Silver Sneakers - 1:00pm**

**Wed: Yoga - 9:00am  
Line Dancing \$3- 11:15am**

**Thurs: Chair Exercise - 8:30am  
Silver Sneakers - 1:00pm**

**Fri: Zumba Gold - 8:45am**



**Happy New Year! Remember, you don't have to spend time looking for answers to your problems... I am your personal resource for any needs you may have. I can help with personal matters such as DMV info, insurance claims or social security questions. I have information on resources for legal aid or Medicare assistance. If you are needing help with transportation, I have extensive information about the Dial A Ride program. From A to Z if I don't have the answer I'll find someone who does.**

**I look forward to serving you!**

**Brianna, Outreach Specialist: 480 503-6061**

## **VOLUNTEERS NEEDED**

**Looking to do something fun and meaningful? We need volunteer help in all areas of the center. We have a terrific group of volunteers, but we could use more.**

**We would not be able to accomplish all that we do if it were not for the volunteers who give their time and energy on a daily basis. Thank you to those who serve and welcome to those who are interested in serving.**

**Please contact Brianna, Outreach Specialist, at 480-503-6061 to get a list of current volunteer opportunities.**



**Apply for a government phone!**

You qualify if you currently receive government assistance.



*Apply or Renew*

***AHCCCS, SNAP (food stamps)  
& Cash Assistance***

**Brianna Burrows**

**Brianna@chandlerfoodbank.org**

**Phone: (480) 503-6061**

**Do You Qualify?**

**Find Out NOW!**

*Make your appointment today to start your application!*

ADDITIONAL SERVICES INCLUDE:

Food Bank Distribution  
Emergency & Supplemental  
Food Boxes Diapers & Formula  
  
Family Resource Center  
Parenting & Early Literacy Classes  
Health & Homeless Programs  
  
Community Action Program  
Emergency Rental/Mortgage &  
Utility Assistance  
  
Senior Center & Home Delivered  
Meals  
  
For more information about  
our services please contact us  
or visit our center!

## **Fun Clubs**

Looking for a good way to meet new people and enjoy your time at the center? The Gilbert Senior Center has a number of clubs to chose from.

**Mondays:**     *Bridge Club, Wii Bowling, and Karaoke*

**Tuesdays:**   *Mexican Train, RummiKub, Mahjong*

**Wednesdays:** *Bunco, Knitting/Crocheting Club, Jewelry Club*

**Thursdays:**   *Bridge Club & RummiKub*

**Fridays:**       *Pinochle, Craft Club & Scrapbooking*

**Check your monthly calendar for dates and times.**

## **FOOD BAGS**

The Gilbert Senior Center is happy to provide a food bag once a month for qualified participants in need. You **must sign up a week in advance** & not be receiving a food bag from another associated program. For more details please call 480-503-6061. **FOOD BAG PICK UP IS THE 3RD TUES. & WED. OF EACH MONTH. SIGN UP IN THE SENIOR CENTER OFFICE.**

## **Board Games**

*We have Yahtzee, Words with Friends, Mahjong, UNO, Apples to Apples, Sequence, and of course RummiKub sets!! Anyone is welcome to use them and are also welcome to laugh out loud while playing these games. If there is any board game you don't see and you think your fellow Seniors will enjoy, let us know!*

***Have Fun!!***

# Upcoming Events

## Dining Out

Come join us for good food, good company, and maybe even some laughs! LEAVING the Senior Center at 4pm.

### Cracker Barrel

Wednesday January 6th

Sign up from Dec. 21st-Jan. 5th

### LoLo Chicken & Waffles

Wednesday Feb. 3rd

Sign up from Jan 19th-Feb. 2nd

### R.T.O'Sullivan's

Wednesday March 2nd

Sign up from Feb. 16th- Mar. 1st

### Joe's Farm Grill

Wednesday April 13th

Sign up from Mar 28th- April 12th

## Party Time!

*We all love parties, right? Here are the dates of upcoming parties.*

*MOST of the parties will start at 10:30am.*

*So please check your Monthly calendar or listen during announcements for more details. Let the Party Season BEGIN!*

*Times and dates are subject to change. Thank you!*

### SuperBowl Party

**Feb 5th 1:30 pm**

*Come join us for a fun afternoon with Football games and snacks*

### Valentines Party

**Feb 11th 10:30am**

*Come join cupid for a loving party with goodies and music.*

### Leap Year Party

**Feb 29th 10:30 am**

*Come join us for a celebration that only happens every 4 years!*

### St. Patrick's Day Party

**March 17th 10:30 am**

*Follow the Rainbow to a fun event and enjoy some luck!*

# Upcoming Events

## Senior Center Closed

**New Years Day**  
**1-1-2016 CLOSED**  
**Martin Luther**  
**King Jr.**  
**1-18-2016**  
**CLOSED**

## ***National Trivia*** ***Day*** ***1/4/2016***

Join us for some brain teasers and interesting trivia questions. Fun and silly prizes will be given out for right answers! What a great way to wake up the brain!

## ***Watercolor Classes*** ***Wednesdays 1:00pm*** ***\$30-8 class session***

Have you ever wanted to learn how to create art with watercolors? This is your chance. We have two sessions until the summer

Jan.6th-Feb.24th

&

Mar. 2nd-April 20th  
Class is limited to 12p  
Sign up in the office  
a week before the first  
class of the session.

## **Barleens Az Opry**

***January 12th 5pm \$40pp***

## **Dinner included**

***Your home for Arizona's wholesome family music entertainment. Enjoy music, great food, hilarious comedy and more! We will be seeing the Variety Show which features a broad spectrum of music.***



***Sign up from Dec 21st-Jan 4th (T)***

# Upcoming Events

## Senior Center Closed

***Presidents Day  
02-15-16 CLOSED***



## ***The Duttons***

***Feb 17th \$27 per person***

***7:00pm Showtime***

***The Duttons Show is unique.  
Come join us for a fun night out.***

***We will leave the center at  
6:15pm. Come join the Fun!***



***Sign up  
Starting  
Jan 25th-  
Feb 10th***

## ***Desert Belle Boat Tour***

***March 8th \$20pp  
2:00pm Tour***

***Come join us for a fun day  
on the lake for a boat tour on  
Saguaro Lake. We will leave  
the center at 12:30pm.***

***Sign up from Feb.16th-Mar.1st***

## ***Pollack Tuesday Movies***

***Jan. 26th, Feb. 23rd,  
& March 22nd***

***Come to the movies with us  
the 4th Tuesday of every  
month! It is only \$3! Movie  
choice TBA. Sign up in the  
office prior to the date. (T)***

# Upcoming Events

## **Spring Bonnets**

**March 25th**

***Happy Spring everyone!  
Do you have a spring time  
bonnet/hat? If so wear it on  
Friday March 25th and show  
it off to everyone! This will be  
a fun way to welcome spring.***

## **Generation Prom!!**

**March 28th**

**6:00 pm-8:00pm**

**Thanks to Chandler-Gilbert  
Community College sponsoring  
this event again. This event will be  
held here at the Gilbert Senior  
Center, plus we will have snacks,  
drinks, and a photographer to make  
memories to keep.  
Dress to impress!**

***Lunch will still be  
available from  
11:15am-1pm***

## **Gilbert Senior Expo**

**Friday, April 1st**

**Doors open at 9am-12pm**

***We will have health care vendors, handmade craft booths,  
raffles, and more. This is your opportunity to get all the  
information you need or curious about.***

## **Karaoke Club**

**Get all your voices ready.....**

**Karaoke at the Gilbert Senior Center! Come  
join your fellow Seniors for an afternoon of  
fun Karaoke. We will have it on the third  
Monday of every month for your enjoyment.  
This will definitely be an activity you won't  
want to miss.**





Gilbert Senior Center  
130 North Oak Street  
Gilbert, Arizona 85233

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480-503-6059

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480-503-6061

Pat Hutfles, HDM Coordinator  
pat@chandlerfoodbank.org  
480-503-6058

Wallis Berry, Kitchen Coordinator  
wallis@chandlerfoodbank.org  
480-503-6057

Kelly Delgado, Senior Programs Manager  
kelly@chandlerfoodbank.org  
480-782-2721

Check us out on the web...  
<http://chandlerfoodbank.org/>

OR

[http://www.gilbertaz.gov/  
departments/parks-and-recreation/  
seniors](http://www.gilbertaz.gov/departments/parks-and-recreation/seniors)

[https://www.facebook.com/pages/  
Chandler-Christian-Community-  
Center/165492116800788](https://www.facebook.com/pages/Chandler-Christian-Community-Center/165492116800788)

## Donations

**Boutique:** Gently used clothing, knick-knacks, jewelry etc. Profits go to the Gilbert Site Council and help support a variety of Senior Center activities and events.

**Arts and Crafts:** Supplies for classes and clubs

**Postage Stamps:** Used for newsletters, site council cards or as requested by participants.

**Monetary donations** Financial contributions can be made by cash, check, or credit card. Credit card donations may be made online through PayPal at [www.chandlerfoodbank.org](http://www.chandlerfoodbank.org).

All donations are fully tax deductible as allowed by law. A receipt is available for all donations. Donations in all amounts are welcome.

**Bingo Prizes:** Everyday items including, grocery items; paper towels, toilet paper, toiletries, canned food items, gift cards, etc. Any questions, please let us know.

## Home Delivered Meal Program

Did you know you could have a hot, nutritious meal delivered to your home? We offer home delivered meals Monday- Friday between the hours of 10 am and 2 pm depending on your location. Participants may qualify for financial assistance or pay \$5 per meal which is billed on a monthly basis. This is a perfect solution for those recovering from a hospital stay or sickness who may be unable to prepare a meal. If you're interested or know someone who can benefit from our service, please contact our HDM Coordinator:

Pat Hutfles (480)503-6058  
[Pat@chandlerfoodbank.org](mailto:Pat@chandlerfoodbank.org)